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AYSO Schoolyard 5U - Bumper Ball

Written by American Youth Soccer Organization

Set Up

🕒 10 mins 👤 6 players ⚽ 1 ball 🧢 3 bibs 🚧 10 cones 🏟️ 30x15 area

Set Up

Create a 30 x 15 yard field with goals marked with flags or tall cones at either end. Two teams.

How the game is played

Parents stand on the touchlines and goal lines to stop the ball going out of play. Ball stays in play and prevents the need for corners, goal kicks or throw ins. Keep score. Give teams colorful and fun names.

Make it more challenging:

1. Remove parents from either goal line or touchline to gradually introduce throw ins, corners or goal kicks.

